

PRE-PAID MENU FOR SEPTEMBER

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1					Chicken meatball noodle soup 1. American pancakes 2. Homemade berry sauce
	Beetroot soup with white beans 1. Turkey skewers 2. Noodles/ fresh vegetable salads	Pickle soup 1. Pork goulash 2. Potato and carrot mash Fresh vegetables	Red lentil soup 1. Crepes with ham and cheese + butter and sour cream sauce 2. Fresh vegetables	Green bean and tomato soup 1. Beef and pork lasagna 2. Fresh vegetables	Cabbage soup 1. Chicken pilaf 2. Fresh pickled cucumbers
3	Beetroot soup 1. Cottage cheese pudding 2. Homemade berry sauce Sour cream	Tuscan bean soup 1. Beef Stroganoff 2. Potato mash Fresh cucumber and red radish salad	Vegetable broth with green peas and rice 1. Turkey cannelloni 2. Fresh vegetables	Tomato and rice soup 1. Indian chili chicken (not spicy) + naan bread 2. Bulgur Fresh vegetables	Creamy pumpkin soup 1. Chicken nuggets 2. Basmati rice Beetroot salad with green peas
	Split pea soup 1. Chicken curry 2. Basmati rice Fresh vegetables	Minestrone soup 1. Swedish beef meatballs in cream sauce 2. Potato and pumpkin mash Beet salad with spinach and greens dressing	Pearl barley soup 1. Homemade fish nuggets + cream sauce 2. Couscous Carrot and white radish salad	White bean soup 1. Spaghetti with turkey "Bolognese" 2. Fresh vegetables	Chicken meatball noodle soup 1. American pancakes 2. Homemade berry sauce
5	Beetroot soup with sauerkraut 1. Chicken thighs with carrots and cheese 2. Rice Fresh vegetable salads	Pickle soup 1. Crepes with ham and cheese + butter and sour cream sauce 2. Fresh vegetables	Red lentil soup 1. Samogitian pancakes with pork + butter and sour cream sauce 2. Carrot salad	Green bean and tomato soup 1. Battered cod + cream sauce 2. Bulgur Broccoli salad with caramelized beets	Cabbage soup 1. Chicken rolls with mozzarella 2. Basmati rice Steamed vegetables
	White bean soup 1. Cottage cheese pudding 2. Homemade berry sauce Sour cream				